


# Tracking Worksheet

Program Goal: \_\_\_\_\_

Remember: During the Get Clients Now!™ Program Weekends are NOT in the Program

Day of the Month		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
Day of Program		Sat	Sun	Mon	Tue	Wed	Thur	Fri	Sat	Sun	Mon	Tue	Wed	Thur	Fri	Sat	Sun	Mon	Tue	Wed	Thur	Fri	Sat	Sun	Mon	Tue	Wed	Thur	Fri	
 <p><b>GET CLIENTS NOW!™</b></p> <p><b>Tracking Worksheet</b></p> <p>Start Date _____</p> <p>Name _____</p>	<b>Weather Report (1-10 scale)</b>																													
	Mind																													
	Body																													
	<b>Success Ingredients (% done)</b>																													
	1.																													
	2.																													
	3.																													
	<b>Daily Activities (Y/N)</b>																													
	1.																													
	2.																													
	3.																													
	4.																													
	5.																													
	6.																													
	7.																													
	8.																													
	9.																													
	10.																													
	<b>Total (# of 10)</b>																													
	<b>Program Goal (% of Target)</b>																													
<b>Special Permission (Y/N)</b>																														

NOTES: \_\_\_\_\_

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